



Liz Nohren, Esq.

Licensed in IL

Liz Nohren is a seasoned attorney, licensed mediator, and fifth-generation legal professional with more than twenty years of experience serving individuals, families, and businesses across Central Illinois. Known for her balanced, compassionate approach, Liz helps clients navigate complex disputes with clarity, structure, and respect.

A Shelby County native, Liz began her legal career in Chicago after graduating from Southern Illinois University School of Law and completing additional study at Northwestern University School of Law. She clerked for the Chief Judge of the Cook County Chancery Division before building a broad civil and family law practice. She later returned home to Shelbyville, where she now serves as managing attorney at her family's longstanding law firm, Dove & Dove.

Licensed as a mediator since 2013, Liz handles matters involving parental responsibilities, financial issues, civil disputes, real estate conflicts, construction issues, and more. She is also a trained Collaborative Law Professional, committed to helping clients resolve conflicts outside the courtroom whenever possible. Her work is further informed by her personal experience as a parent of a child with disabilities, giving her unique insight into IEPs, 504 plans, and the challenges families face in navigating educational and developmental systems.

As co-founder of Illinois Mediation Clinic, Liz is dedicated to providing accessible, respectful, and solution-focused mediation services. Her thoughtful guidance, deep community roots, and extensive legal background make her a trusted resource for those seeking a better path forward than litigation.

EDUCATION

- Juris Doctor, Southern Illinois University School of Law
- Additional legal studies, Northwestern University School of Law
- Trained Mediator (since 2013)
- Collaborative Law Professional under Illinois Supreme Court Rule 294

MEDIATION TRAINING

- Licensed Mediator since 2013
- Trained in Family Law Mediation, including parental responsibilities, parenting time, and financial issues
- Collaborative Law Professional under Illinois Supreme Court Rule 294
- Experienced in mediating civil disputes, including real estate, construction issues, and other non-family civil matters

ACCOLADES

- Selected as a Leading Lawyer in Illinois every year from 2018 to present
- Named Top Attorney by the Mattoon Journal Gazette in 2023 and 2025
- Her firm, Dove & Dove, awarded Top Law Firm by the Mattoon Journal Gazette in 2023 and 2024, and nominated again in 2025
- Featured previously in Top Women Attorneys in Illinois (Chicago Magazine)
- Recognized as an Emerging Lawyer (top 2% under age 40)
- Honored as an Outstanding Woman You Should Know by Illini Radio Group

+217-774-5834

www.illinoismediation.net

215 East Main Suite A, Shelbyville, IL 62565
301 N. Neil St Suite 400, Champaign, IL 61820



Liz Nohren, Esq.

Licensed in IL

LEGAL SERVICES

Liz has a diverse practice that focuses on the following issues:

- Divorce and separation matters
- Allocation of parental responsibilities and parenting time
- Adoption and guardianship
- Estate planning and probate
- Real estate transactions and property disputes
- Contract drafting and civil litigation
- Construction-related disputes
- Business and municipal representation
- Financial institution representation
- Collaborative family law (non-litigation resolution)

MEDIATION SERVICES

Liz is a skilled and compassionate mediator known for her balanced approach, clear communication, and ability to help parties work through even the most difficult conversations. Drawing on decades of legal experience, she offers a steady, practical presence that helps individuals, families, and businesses find common ground, reduce conflict, and move forward with confidence. Her personal experience raising a child with disabilities provides her with unique insight into special education issues, 504 plans, IEP concerns, and the day-to-day realities families face. Liz approaches every case with empathy, patience, and a commitment to helping clients create durable, realistic solutions.

Liz is available to mediate disputes in the areas of:

- Family law mediation, including parenting time and decision-making
- Divorce and separation mediation (with or without children)
- Child support and spousal maintenance mediation
- Civil dispute mediation, including real estate and construction matters
- Business and commercial conflict resolution
- Multi-generational family and inheritance disputes
- Agricultural and farm-related mediation
- Special education-related mediation involving 504 plans, IEP concerns, and disability-related issues
- Workplace and employment-related mediation
- Community and neighbor disputes
- Assistance creating Memorandums of Understanding and draft agreements

Located In:
*Shelbyville
Champaign
+ Virtual Option*



Facebook:
[/IllinoisMediationClinic](https://www.facebook.com/IllinoisMediationClinic)



Twitter/X:
[@ILMediation](https://twitter.com/ILMediation)



Website/Blog:
www.illinoismediation.net/blog



Instagram:
[@IllinoisMediationClinic](https://www.instagram.com/IllinoisMediationClinic)



LinkedIn:
[/illinoismediationclinic](https://www.linkedin.com/company/illinoismediationclinic)



Email:
Cari@IllinoisMediation.net